

THE SIMPLEST
OF PLEASURES
AWAIT



RETREAT.
REJOICE.
RESET.

SIGNATURE JOURNEYS

peace 105 minutes | \$300
joy 105 minutes | \$300
slumber 105 minutes | \$300
shine 105 minutes | \$300

MESSAGE + BODYWORK

sacred healing // swedish massage
60 | 75 | 90 minutes // \$175 | \$215 | \$250
find your balance // wellbeing massage
60 | 75 | 90 minutes // \$175 | \$215 | \$250
wild and carefree // cbd massage
60 | 75 | 90 minutes // \$195 | \$235 | \$270
challenger deep // deep tissue massage
60 | 75 | 90 minutes // \$195 | \$225 | \$270
body-brain connection // sports massage
60 | 75 | 90 minutes // \$195 | \$225 | \$270
serenity // salt stone massage
60 | 75 | 90 minutes // \$175 | \$215 | \$250
belly bump // pre-natal massage
60 | 75 minutes // \$175 | \$215
back to basics // back, shoulder, neck relief
30 minutes // \$95
life preserver // hand, scalp, and foot ritual
30 minutes // \$95

MESSAGE ENHANCEMENTS | *no additional time added*
deep tissue | cbd | arnica | magnesium | organic algae aloe
dry brushing | cupping // \$20

MESSAGE BOOSTERS | *additional 15 minutes*
foot boost | hand boost | scalp boost // \$45

BODY RITUALS

ocean recovery // magnesium body scrub
75 minutes | \$215
4 sacred elements // signature body buff
60 minutes | \$175
mellow out // cbd body wrap
60 minutes | \$195
get salty // invigorating salt scrub
60 minutes | \$175
tidal detox // mud wrap
60 minutes | \$175
sun salutation // sun recovery
60 minutes | \$175
wrap me up // healing cocoon
75 minutes | \$215
rise and shine // immune boost body scrub
60 minutes | \$175

FACIALS + SKINCARE

ultraluxe facial
90 minutes // \$395
hydrfacial
60 | 90 minutes // \$295 | \$375
Optional Add-on: Eye Perk or Lip Perk // \$60
sea breeze facial
60 | 90 minutes // \$175 | \$250
ocean facial
60 | 90 minutes // \$175 | \$250
nourish // anti-aging vitamin infusion facial
60 minutes | \$195
fresh air // intraceuticals oxygen infusion facial
60 | 90 minutes // \$235 | \$310
atoxelene intraceuticals treatment
30 minutes | \$140
time rewind // peptide anti-aging facial
75 minutes | \$215
breakout // deep pore cleanse acneic facial
60 minutes | \$195
glow peel facial
60 minutes | \$185
refresh // express facial
30 minutes | \$95

ALTERNATIVE HEALING

reiki energy facial
75 minutes | \$230
flow // reiki
60 minutes // \$175
craniosacral therapy
60 minutes | \$195
sole survivor // reflexology
30 | 60 minutes // \$95 | \$175
vagus nerve // meditative massage
60 | 90 minutes // \$175 | \$250

3 HOUR CABANA RENTAL

CABANA WITH TREATMENTS | \$250 per group of up to six

CABANA DAY PASS WITHOUT TREATMENTS
additional day passes required

SPA DAY PASS
SAUNA SPA DAY PASS